

WHELIHAN LASER
6801 Lake Worth Rd., Suite 100W
Greenacres, FL 33467
(561) 795-4507

Patient Medical History – Laser Hair Removal Treatment

Date _____ Who may we thank for referring you? _____

Name _____ Date of Birth: _____

Address _____ City/St _____ Zip _____

Phone: Home or Work _____ Cell _____ Cell carrier _____

Email Address: _____

Age _____ Sex _____ Marital Status (circle): Single / Married / Divorced / Widowed

Race: Caucasian _____ African American _____ Hispanic _____ Asian _____ Other _____

Is your family aware of this treatment? _____ Social Security # _____

How much time do you spend in the sun? _____

Do you go to a tanning booth? _____ How often? _____

Do you wear sunscreen? _____ How often? _____ SPF? _____

What products are you currently using on your face/body? _____

Have you ever had any laser treatment? _____ Specify: _____

Have you ever been treated by an Endocrinologist? _____ Specify: _____

Date of last physical exam: _____

Are you currently being treated by a physician for any reason? _____ Specify: _____

How would you describe your skin based on the following scale:

- | | |
|----------------|---|
| _____ Type I | Light white skin. Always burns, never tans |
| _____ Type II | Light white skin. Always burns, sometimes tans |
| _____ Type III | Medium white skin. Sometimes burns, always tans |
| _____ Type IV | Dark/Olive White or Asian skin. Rarely burns, always tans |
| _____ Type V | Light brown skin |
| _____ Type VI | Medium to dark brown, African & African American skin |

List any medications you are currently taking (including over the counter medications, vitamins and herbal supplements): _____

List any medications you are allergic to: _____

Do you have a history of taking any of the following medications?

Birth Control _____	Testosterone _____	Antidepressants _____	Thyroid _____
Chemotherapy _____	Minoxidil _____	Tetracycline _____	NSAIDS _____
Anabolic steroids _____	Aldactone _____	Blood Thinners _____	DHEA _____

Have you ever used or have had any of the following? (please circle)

Accutane	Retin-A	Chemical Peel	Glycolic Acid Peel	Pulsed Dye Laser
Laser Resurfacing	Sunburn	Skin Grafts	Liposuction	

GENERAL MEDICAL HISTORY - Do you have or have you ever had diseases or conditions of:

- | | | | |
|--------------------|-------|-----------------------|-------|
| Acne | _____ | Hemophilia | _____ |
| Cancer | _____ | Hepatitis | _____ |
| Cold Sores | _____ | H.I.V. | _____ |
| Fever Blisters | _____ | Keloid Scars | _____ |
| Dermatitis/Eczema | _____ | Moles | _____ |
| Diabetes | _____ | Bleeding Disorders | _____ |
| Genital Herpes | _____ | Problems with Healing | _____ |
| Tattoo | _____ | Allergies: | |
| Shingles | _____ | Drug | _____ |
| Heart Condition | _____ | Environmental | _____ |
| Herpes Type I/II | _____ | Latex | _____ |
| Asthma | _____ | Breathing Problems | _____ |
| Chest Pains | _____ | Circulatory Problems | _____ |
| Tuberculosis | _____ | Chemo / Radiation | _____ |
| Epilepsy | _____ | High Blood Pressure | _____ |
| Skin Allergies | _____ | Psoriasis | _____ |
| Vitiligo | _____ | Metal Plates | _____ |
| Seizures | _____ | Blood Diseases | _____ |
| Blood Transfusions | _____ | Malignancies | _____ |

Comments on any of the above: _____

Please circle the areas you are interested in having treated (today and in the future):

- | | | | | | |
|-----------|-----------|--------------|----------|---------------|-------------|
| Upper Lip | Chin | Neck | Face | Underarms | Bikini |
| Back | Shoulders | Back of Neck | Chest | Abdomen | Breast |
| Legs | Feet/Toes | Arms | Buttocks | Hands/Fingers | Other _____ |

Do you have any pitting, scarring, moles or tattoos in the areas to be treated? _____

What type of hair removal have you used and/or are currently using? _____

When was the last time you used this method? _____

FEMALES ONLY:

Are you pregnant? _____ When was your last menstrual cycle? _____

Do you have menstrual irregularities? _____

Have you experienced fertility problems? _____

Are you taking hormone supplements? _____

I understand that health information is important for safe and effective laser treatment. I acknowledge that all information given is truthful, complete and accurate to the best of my knowledge and I agree to update you, throughout the treatment process, of any changes in my health assessment, changes in medications and physical conditions.

Patient Signature

Date

Parent/Guardian of minor Signature

Date

**WHELIHAN LASER
6801 LAKE WORTH RD., SUITE 100 W
GREENACRES, FL 33467
(561) 795-4507**

**Consent Form: Laser Hair Removal Treatment
Alexandrite (755-nm) & ND YAG (1064-nm)**

Name _____ Date: _____

- I. The purpose of this treatment is to reduce or eliminate unwanted hair. I understand that the results from this treatment vary with each individual. Multiple treatments may be necessary.
- II. The Apogee Elite laser produces an intense burst of light that is absorbed by the hair follicle selectively. All personnel in the treatment room, including myself, will wear protective eyewear to prevent eye damage from the intense laser light.
- III. The sensation of the light is uncomfortable and may feel like a slight pin prick or sensation of heat, which may last for a few hours. The use of anesthesia is at the discretion of the case provider. However, all of the options and possible side effects will be discussed with me.
- IV. The area should be treated delicately following treatment. The treated area may be red for a period from a few hours to a few days. I have been informed that blistering, scarring, hypopigmentation (lightening of the skin) and hyperpigmentation (darkening of the skin) are possible risks and complications of the procedure. I understand that sun or tanning bed exposure and not adhering to post-care instructions may increase my chance of complications.
- V. I consent to the taking of photographs during the course of my laser therapy for the purpose of medical education. These photographs may be used for teaching or publication, as the case provider deems appropriate. If I do not want my photographs to be published, I will express it in writing.
- VI. Not providing my medical history before proceeding with a light-based treatment could impact treatment results and cause complications. I agree to update and inform the provider of any changes in medical history information prior to each treatment.

I have read and received a copy of the Post Treatment Skin Care Instructions. I have read and understand all information presented to me before signing this consent form. I have also been given the opportunity to ask questions. Before and after-treatment instructions have been discussed with me. The procedure, potential benefits and risks, and alternative treatment options have been explained to my satisfaction. I freely consent to the proposed treatment today as well as for future treatments as needed.

Patient (or Legal Guardian) Signature

Date

Witness Signature

Date

**WHELIHAN LASER
6801 Lake Worth Rd., Suite 100W
Greenacres, FL 33467
(561) 795-4507**

Patients of Dr. Whelihan, M.D.

“Under Florida law, Physicians are generally required to carry medical malpractice insurance or otherwise demonstrate financial responsibility to cover potential claims for medical malpractice. DR. WHELIHAN HAS DECIDED NOT TO CARRY MEDICAL MALPRACTICE INSURANCE. This is permitted under Florida law subject to certain conditions. Florida law imposes penalties against non-insured Physicians who fail to satisfy adverse judgments arising from claims of medical malpractice. This notice is provided pursuant to Florida law”.

Patient (or legal guardian) Signature

Date

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Laser Hair Removal
Post Treatment Skin Care Instructions
(Keep this page)

- The area being treated cannot be exposed to the sun or tanning beds. A broad spectrum (UVA, UVB) sunscreen of SPF 30 or higher should be applied whenever exposed to the sun.
- Immediately following treatment, the area may show some redness and/or some swelling. Blistering may occur.
- During the healing phase the area must be treated delicately. Do not rub, scratch, squeeze or pick. If a crust develops, keep it moist with aloe gel and let it fall off on its own.
- Apply a thin layer of aloe vera gel to the treated area several times a day to keep area moist for 2-3 days.
- Do not scrub the area. Pat the area dry. Do not shave over the area if swelling, crusting or scabbing is present.
- If swelling occurs, apply ice. Wrap the ice in a soft cloth. Discomfort or stinging may be relieved with Tylenol.
- If you use makeup, it must be applied and removed delicately. Apply only fresh makeup (purchased in the last 90 days). Avoid using makeup for at least 24 hours.
- Do not use abrasive face washes on the treated area. Do not exfoliate any treated areas for 2-3 weeks after treatment.
- Avoid sports and/or strenuous exercises for 2-3 days following treatment. The sweat may cause skin irritation. Also avoid hot tubs for 24 hours after treatment.
- In case of signs of infection (pus, tenderness, fever) contact the office immediately.
- The treated hairs will exfoliate or push out in approximately 1-2 weeks.

Post treatment skin care instructions must be followed to prevent any complications. Please contact the office at 561-795-4507 with any questions or concerns regarding your treatment.